

Sara Qadir

This certifies that the above mentioned individual has successfully completed both theoretical and practical application requirements and has demonstrated understanding and aptitude to be a responsible and competent health and fitness professional.

All subjects in this education is taught under the recognition of Inland Norway University of Applied Sciences.

Through this education, the candidate is in possession of strong academic and practical skills, and qualifies as:

Certified Nutrition Coach (AE L4)
Certified Advanced Personal Trainer (AE L5)

Certified Weight Management Exercise Specialist (AE L5)

Director of academic affairs

Ola Furseth